

## **What Your Student Needs to Participate in Middle or High School Sports.**

1. MSHSAA Physical Form-If dated after February 1<sup>st</sup> the physical is good until the last day of school the following school year. If physical is dated prior to February 1<sup>st</sup>, the physical is good through the last day of school for the current school year.
2. Concussion Packet and Form.
3. If your student will need an inhaler during sports, please fill out the Asthma Action Plan with the physician signature, parent signatures needed and turn the form into the health room.

Click on the link below if you need any of these forms.

[MSHSAA Physical Form](#)

[Concussion Packet](#)

[Concussion Form](#)

[Asthma Action Plan](#)