

## **MONONUCLEOSIS, INFECTIOUS**

**IMMUNIZATION:** None.

**INCUBATION PERIOD:** From 4-6 weeks.

**SYMPTOMS:** Sore throat, swollen lymph glands, and fever. Disease generally mild in young children.

**PERIOD OF COMMUNICABILITY:** Prolonged, may be up to a year or more.

**MODE OF TRANSMISSION:** Person-to-person by contact with saliva (i.e., kissing, mouthing of toys) of infected person.

**SCHOOL ATTENDANCE:** Infected children may attend school as long as fever free for 24 hours.

**CONTACTS/FOLLOW-UP:** Not required.